

Vasectomy Instructions

Important* Read carefully prior to your surgery

If taking aspirin or blood thinners, please stop one week prior to surgery. **YOUR SURGERY WILL BE CANCELLED IF YOU TAKE ANY ASPIRIN OR BLOOD THINNERS ONE WEEK PRIOR TO YOU SURGERY!**

- Please shave all hair from the entire scrotum the night before surgery and bathe after shaving.
- If you need to be pre-medicated with antibiotics for any type of procedure; please contact you primary care physician to obtain the proper medications.
- If your procedure is scheduled for a morning, please have a light breakfast. If it is scheduled for an afternoon, please have a light lunch.
- Please be sure to bring an athletic supporter or tight underwear to be worn following the procedure.
- You may not drive home following the procedure, please make arrangements for a ride.

If you have any questions or concerns after your procedure, our phone nurse is available between 8a and 4 pm at 517-324-3701

Urgent assistance after hours 517-324-3700

Vasectomy Charges for Cash Patients

Prices may vary in these ranges:

Consultation/Office Visit	\$95- 377
Vasectomy Charge	\$728.50
Nitrous Oxide (optional, not covered by insurance)	\$80
Total Vasectomy Charges from LIU	\$903.50- 1185.50

Separate Charges for all Patients

YOUR VAS DEFERENS WILL BE SENT OUT FOR PATHOLOGICAL ANALYSIS. They will be sent to an outside laboratory facility. THIS WILL INCUR A SEPARATE CHARGE. THE LABORATORY FACILITY WILL BILL YOU FOR THE PREPARATION OF THE SLIDES AND THE ACTUAL INTERPRETATION OF THE SLIDES. You may want to call your insurance company to find out if this is covered by your insurance plan.

Your 2 semen analysis will be done by an outside laboratory facility. This is also a separate charge and will be billed by the laboratory facility. If your insurance pays more for another lab facility, you may submit your specimen there. In some cases you may have to do more than 2 samples.

This document is to ensure that you understand all of the charges that you may be responsible for if you have *no insurance* or your insurance *does not cover all of your procedure*.

I, _____, have read and understand the above material. I understand that it has been provided for my benefit. I understand that Lansing Institute of Urology is not responsible for any non-covered charges, copays or deductibles.

Patient signature: _____ Date: _____

Procedure Education Literature

We recommend that you read this handout carefully in order to prepare yourself for the proposed procedure. In doing so, it will improve the outcome and safety of your procedure. If you still have any questions or concerns, we strongly encourage you to contact our office prior to your procedure so we can answer any questions you may have.

If you need to be pre-medicated prior to a surgical procedure, please contact your family physician regarding this. If your dentist or physician requires you to take antibiotics prior to any medical procedure, please let us know as soon as possible.

Medications that may inhibit your ability to clot blood

When undergoing some procedures or operations, it is important that your blood be able to clot. Many over-the-counter and prescription drugs, in one or several ways may prevent your blood from clotting in a timely fashion. The most common of these medications are pain relievers (analgesics) and anti-inflammatory (NSAID) medications.

Medications which contain acetaminophen do NOT by themselves affect your ability to clot your blood. Therefore, these medications are generally safe to take in the days preceding surgery provided they do not contain a mixture of any of the compounds listed below.

The list below contains some of the more common medications. If you have any questions or if, within the past week, if you have taken any of the below medications, please call prior to your appointment at 517-324-3700.

Aspirin of any brand (Common brands Ascriptin, Anacin, Bayer, Bufferin, Doans, Dristan, Ecotrin, Excedrin)				
Acular	Coumadin-	Glucosamine	Motrin	Tolectin
Advil	Warfarin	Ibuprofen	Nuprin	Toradol
Anaprox	Daypo	Indomethacin	Ocufen	Trental
Aleve	Dolobid	Indocin	Orudis	Vicoprofen
Apixaban	Effient	Lovenox	Percodan	Voltaren
Baycol	Eloquis	Lodine	Persantine	Xarelto
Brilinta	Etodolac	Meloxicam	Plavix	
Celebrex	Feldrene	Midol IB	Pradaxa	
Clopidogrel	Fish Oil	Misoprostol	Relafin	
Clinoril	Fragmin	Mobic	Synflex	

Your to do list:

- **Review the medication list above very carefully**
- **If you take aspirin or any blood thinner, please contact your primary care physician to make sure it is safe for you to stop taking the medication 7 days prior to your appointment then notify us. Your appointment may require additional tests.**
- **Call us at 517-324-3700 if you have questions**

Potential Complications of Vasectomy

Vasectomy offers the most effective, permanent means of surgical contraception. It has one of the lowest incidences of side effects as compared with other contraceptive methods. It is important to note that no deaths have been attributed to vasectomy in developed countries. Selected large-scale studies conducted in 13,500 men show that the overall incidence of complication is less than 5 per 100 vasectomies performed.

Minor side effects immediately following vasectomy are some discomfort, swelling, bruising of the scrotal skin. These usually disappear without treatment.

Complications can occasionally occur after any surgery. These include hemorrhage and infection. Other possible complications following vasectomy, though less common, include epididymitis and sperm granuloma/ Epididymitis is an infection of the epididymis, frequently associated with previous history of infection. Sperm granuloma is a chronic inflammatory reaction which is thought to develop as a result of leakage of sperm from the cut ends of the vas. Occasionally, the body fails to reabsorb the granuloma causing it to become painful requiring further treatment.

Based upon large-scale studies, the overall incidence of either hematoma (collection of blood), epididymitis or infection occurs less than 2% of the vasectomies and sperm granuloma incidence is less than 1 percent.

Although it is considered to be virtually 100% effective procedure, vasectomy has been known to fail because, among other reasons, the cut ends of the vas may reconnect. This occurs in less than one percent of all cases. Studies on men after vasectomy have demonstrated there is no change in hormonal levels.

It has been shown that there is a proportion of men who produce sperm antibodies following vasectomy. However, current studies indicate that these antibodies do not affect general health and well-being. Vasectomy provides a means of birth control with a minimum, percentage of complications and a maximum percentage of effectiveness and safety.

I have read the above information and my questions have been answered to my satisfaction.

Patient: _____

Witness: _____ Date: _____

CANCELATION POLICY For Office Procedures and/ or Surgery

We take pride in the appropriate reservation of your procedural date and time! Our priority is to schedule procedures that can be attended to with the utmost of care. Because the surgery scheduling process can be lengthy and time-consuming, we are typically unable to utilize operating room time when surgery has been cancelled with little notice. Our physicians' surgery time is limited and in high demand. We ask that you take this into consideration before proceeding with scheduling your surgery.

Policy for major office procedures:

Cancellations with **less** than ten days prior to your procedure will result in a charge to your account of \$100.00.

Cancellations (or simply Not Showing) on the day of the procedure, will result in a charge to your account of \$200.00.

Policy for hospital surgery:

This requires careful planning and coordination between our office, surgical site and their operating staff, as well as your anesthesiologist, if applicable. In addition, special medical instrumentation is prepared and sterilized for each individual procedure. Therefore, please understand the importance of respecting our policy.

We reserve the right to charge a cancellation fee of \$200.00 for patients who cancel or reschedule their surgery within two weeks of their scheduled surgery date. We understand that a situation may arise that could force you to postpone your surgery. Please understand that such changes affect not only your surgeon but other patients as well. Our physician's time, as well as that of the office staff, is valuable and we request your consideration regarding the surgery time that has been reserved for you.

Thank you for your cooperation and understanding.

I am available on my surgery date and I understand I will be responsible for the above charges if I cancel or reschedule my surgery.

Patient signature: _____ **Date:** _____

Vasectomy Consent Form

I, _____, hereby request that the below listed Lansing Institute of Urology Physician, perform a Vasectomy to render me sterile.

Check One:

Dr. Rafid H. Yousif

Dr. Robert J. Dimitriou

The doctor has explained that the vasectomy procedure to my satisfaction. I understand that the procedure to be performed on me is not a guarantee of sterility. The doctor has also explained to me, and I understand, that after the operation is performed I will not become immediately sterile. It will be necessary for me to have my seminal fluid examined a minimum of two times to determine if the semen still contains sperm. I understand that until notified by my doctor that it is no longer necessary, I will need to continue to use a form of contraception.

Date of Birth

Patient Signature

Date

Witnessed by

Date

Physicians Signature

Post Vasectomy Instructions

1. A little swelling or knot may develop at the site of the surgery.
2. If there is a large amount of swelling of the scrotum, contact the office to discuss.
3. A small amount of bruising is to be expected. If a large amount of bruising and severe pain develops, contact us to see if you need an appointment.
4. On rare occasions, an infection may occur. This may require antibiotics if prescribed by the physician.
5. Swelling and bruising may take up to 4-6 weeks to subside.
6. On rare occasions, a sperm granuloma (reaction of your body to sperm) may occur requiring additional care or removal.
7. It takes an average of two months for sperm to completely clear from fluid. Semen analysis should be done after 50 ejaculations
8. You may bathe one week after your procedure. Showers can be taken one day after the procedure.
9. You are still considered fertile until we have received 2 negative semen samples. Therefore some form of contraception must be used until you have been cleared by our office.