

Biopsy Procedure Education Literature

We recommend that you read this handout carefully in order to prepare yourself for the proposed procedure. In doing so, it will improve the outcome and safety of your procedure. If you still have any questions or concerns, we strongly encourage you to contact our office prior to your procedure so we can answer any questions you may have.

If you need to be pre-medicated prior to a surgical procedure, please contact your family physician regarding this. If your dentist or physician requires you to take antibiotics prior to any medical procedure, please let us know as soon as possible.

Medications that may inhibit your ability to clot blood

When undergoing some procedures or operations, it is important that your blood be able to clot. Many over-the-counter and prescription drugs, in one or several ways may prevent your blood from clotting in a timely fashion. The most common of these medications are pain relievers (analgesics) and anti-inflammatory (Nsaid) medications.

Medications which contain acetaminophen do NOT by themselves affect your ability to clot your blood. Therefore, these medications are generally safe to take in the days preceding surgery provided they do not contain a mixture of any of the compounds listed below.

The list below contains some of the more common medications. If you have any questions or if, within the past week, if you have taken any of the below medications, please let us know.

Aspirin of any brand (Common brands Ascriptin, Anacin, Bayer, Bufferin, Doans, Dristan, Ecotrin, Excedrin)

Acular	Warfarin	Glucosamine	Mobic	Relafin
Advil	Daypo	Ibuprofen	Motrin	Synflex
Anaprox	Dolobid	Indomethacin	Nuprin	Tolectin
Aleve	Effient	Indocin	Ocufen	Toradol
Baycol	Eloquis	Lovenox	Orudis	Trental
Brilinta	Etodolac	Lodine	Percodan	Vicoprofen
Clopidogrel	Feldrene	Meloxicam	Persantine	Voltaren
Clinoril	Fish Oil	Midol IB	Plavix	Xarelto
Coumadin-	Fragmin	Misoprostol	Pradaxa	

Your to do list:

- **Review the medication list above very carefully**
- **If you take aspirin or any blood thinner, please contact your primary care physician to make sure it is safe for you to stop taking the medication 7 days prior to your appointment then notify us. Your appointment may require additional tests.**
- **Do a Fleets Enema 2 hours before your appointment on _____ at _____**
- **Call us at 517-324-3700 if you have questions**

Prostate Biopsy Discharge Instructions

Symptoms after the procedure

Common symptoms after your procedure, which may continue for one to two weeks include:

- Blood in urine
- Blood in Semen
- Blood in stools

We encourage you to drink a lot of fluids. If you are unable to urinate, it may be helpful to sit in a warm sitz bath.

Contact our **Phone Nurse at 324-3701*** if you experience any of the following symptoms:

- Fever over 100 degrees
- Chills
- Unable to urinate after sitz bath
- Persistent clots of blood in your stool

If the nurse is with another caller, we will call you back as soon as possible. Please leave a message including:

- Name
- Phone Number
- Your Doctor's name
- Symptoms you are having

Antibiotic Instructions

You will be given oral antibiotics today

Please take one pill twice per day with food. (One in the morning and one in the afternoon)

Take all of your antibiotics prescribed by your physician to prevent infections.

Test Results

The laboratory results should be available within five to seven business days. We will call you with the results as soon as possible.

If you have not heard from our office by the tenth business day, please call our Lab at 517-324-3702.* If you receive a voicemail, please leave a message with the following:

- Name
- Phone Number
- Your Doctor's name
- Procedure-Biopsy

***We will call you back within 24 hours of your call. Please do not make repeated calls in the same day, this slows down the process and may delay response times.**